

3 YEARS

- Turns book pages one at a time
- Plays make-believe with toys, animals and people
- Matches objects and pictures
- Solves 3- to 4-piece puzzles
- Counts up to 10
- Repeats 5- to 7-word sentences correctly



4 YEARS

- Arranges objects according to size from smallest to biggest
- Plays simple board or card games
- Names some colors and some numbers
- Remembers part of a story
- Tells what he/she thinks is going to happen next in a book
- Points to the left and right sides of the body
- Sustains attention and concentration on doing table top activities for 15-20 minutes



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*

3 YEARS

- Names objects in pictures seen/shown
- Names familiar people and things
- Speaks grammatically correct 2- to 3-word sentence (e.g., I played, I ate chicken)
- Loves to talk about favorite things
- Asks or answers questions about a relatable topic
- Recites short nursery rhymes



4 YEARS

- Tells stories about experiences and family activities
- Retells simple and short stories according to sequence of events
- Expresses thoughts and feelings about everyday experiences
- Asks “what”, “who”, and “why” questions
- Asks questions about stories or observations
- Sings children’s songs with rhymes confidently



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*

3 YEARS

- Performs simple motor tasks such as folding, crumpling, tearing, and pasting
- Performs eye-hand coordination tasks such as lacing on holes and beads
- Draws straight and curved lines
- Colors drawn objects and shapes
- Holds writing and coloring materials with all the fingers of his/her hand
- Holds eating utensils properly



4 YEARS

- Ties shoelaces independently
- Draws human figure or house
- Colors within line boundaries of big pictures
- Uses writing and coloring materials with ease
- Cuts online boundaries with adult supervision
- Displays a definite hand preference when writing and holding items



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*

3 YEARS

- Walks forward with balance and coordination
- Walks up and down the stairs using one foot on each step
- Runs without tripping or falling
- Jumps on place
- Throws a ball overhand
- Dances to music



4 YEARS

- Walks forward and backward with coordination and ease
- Walks up and down the stairs with alternating feet without holding the handrail
- Runs with direction and control
- Jumps forward and backward
- Hops and stands on one foot up to 2 seconds
- Catches a ball from short distance
- Follows simple dance steps with music



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*

3 YEARS

- Points to a family member when asked
- Follows 2- to 3-step instructions
- Recognizes sounds heard around (e.g., animals, things at home)
- Compares similar and different sounds heard
- Listens to short nursery rhymes



4 YEARS

- Recognizes the names and sounds of the letters of the alphabet
- Recognizes words that rhyme
- Recognizes sound patterns and can follow when clapping, stomping or tapping
- Knows some basic rules of grammar



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*

3 YEARS

- Practices basic self-care such as: washing hands, brushing teeth, combing hair, taking a bath, wearing slippers and shoes
- Feeds self using spoon and fork with little spills
- Drinks from a cup with little spills
- Uses handkerchief or towel to cover or wipe mouth
- Informs an adult when needing to go to the toilet and may ask for assistance
- Pulls down gartered shorts
- Dresses and undresses self with some assistance



4 YEARS

- Independently practices self-care skills such as: washing hands, brushing teeth, combing hair, taking a bath, wearing socks and shoes
- Eats properly and independently
- Mashes and cuts own food with supervision
- Drinks from a cup unassisted
- Pours liquid from another container with less spills
- Dresses and undresses without assistance
- Uses toilet with occasional accidents
- Informs adults when needing to go to the toilet to urinate or poop, and can do it with limited help



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*

3 YEARS

- Imitates adult activities (e.g., cooking, washing)
- Identifies self by saying his/her name.
- Plays alone but likes to be near familiar peer or adults
- Expresses basic emotions such as being happy, sad, angry, scared, etc.
- Displays understanding on the concept of taking turns



4 YEARS

- Describes oneself to others by saying self-known traits, interests and characteristics
- Plays with other children cooperatively
- Plays organized group games fairly
- Enjoys helping in family chores
- Shows increased ease or confidence to do tasks alone



**Sources: Core Developmental Milestones of Filipino Children, CDC Developmental Milestones Checklist, and NELC LRP No. 2 Standards, Competencies and Domains for 0 to 4 Years Old*